## Day Early Learning

#### EARLY LEARNING INDIANA

At Early Learning Indiana, our mission is to ensure children throughout Indiana are empowered with essential skills to thrive in kindergarten and beyond. Each day your Day Early Learning student is in our care, they are participating in classroom activities that prepare them for this upcoming transition. Because this is such an important time for their development, we encourage you to continue their preparation at home with our Kindergarten Readiness series.

# **KINDERGARTEN READINESS**

### **Series Activity #7: Character Feelings**

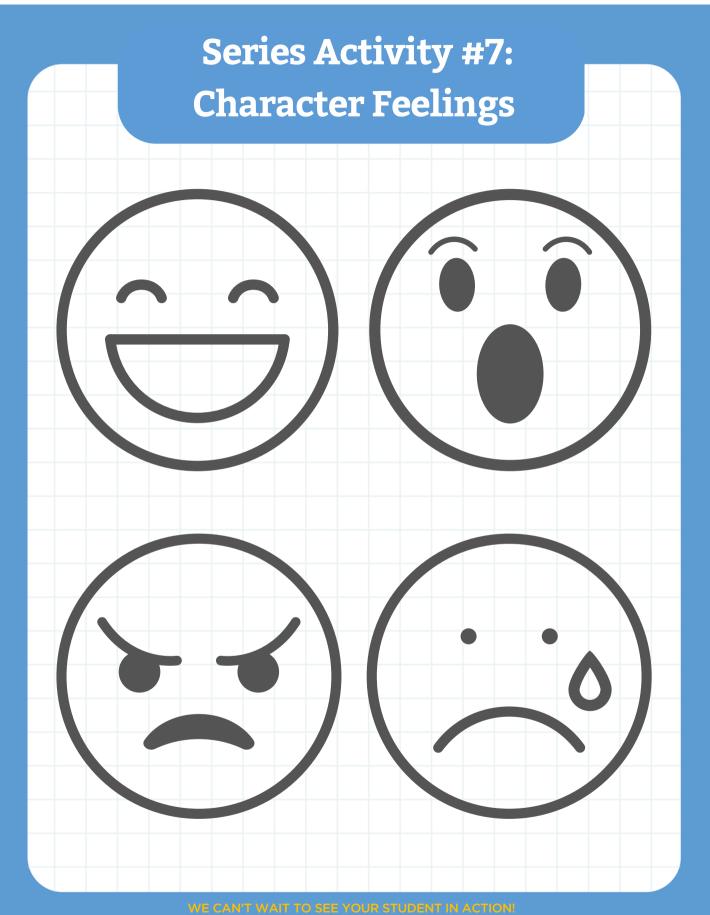
It's important that children learn to recognize and respond to the emotional cues of other people. This will help them form positive social relationships. Reading children's books can be used to support these important skills. Try this with your child(ren) using the instructions below.

- 1. Prepare for this activity by choosing a children's book where the characters experience a range of emotions. If you don't have a book like this at home, ask your center's School Leader about books available in the center's lending library.
- 2. Invite your child to read the book with you. Talk about the characters' feelings as you read the book. Encourage them to make predictions about the story and the characters' feelings.
- 3. As you read, act out the characters' feelings with your voice and facial expressions. Ask your child questions about what the characters feel.
- 4. Ask your child to talk about a time when they were feeling similar emotions to the characters. Encourage them to remember what happened. Use the back of this page to help your child identify feelings based on these facial expressions.

Looking for information on registering for kindergarten? We can help! Scan the QR code to check out our blog for the latest registration information from schools near you.



### 1, 2, 3, READY, SET, GO!



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