

# Know Your Numbers. Love the Rewards.

Say goodbye to *Talk to Your Doc* and hello to  
***Know Your Numbers!***

**What is Know Your Numbers?** The Know Your Numbers (KYN) program is a new part of Early Learning Indiana's wellness program, replacing the former *Talk to Your Doc* program. Know Your Numbers promotes having an annual wellness visit with your healthcare provider. By becoming more aware of your health status- you earn great rewards!

It's simple: See your healthcare provider for your annual wellness or preventive exam. Then once your KYN physician form is completed by your healthcare provider and received by Apex Benefits, you will be eligible to **receive a \$250 contribution to your health savings account (HSA)!**

#### Questions?

Please contact Kinetiq Health Program Manager,  
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